

rise. reclaim. restore



YOUTH MENTAL HEALTH SUMMIT

Hosted by Los Angeles County Office of Violence Prevention

Through exciting workshops and fun hands-on activities, we're here to empower young minds with the ultimate toolkit to conquer the rollercoaster of mental health!

Together, we will **RISE** above the challenges, **RECLAIM** our power, and **RESTORE** our wellbeing as we journey towards a healthier mind together!



SOUTH LOS ANGELES



DATE & TIME

SATURDAY, APRIL 13

9:30 AM - 3 PM



LOCATION

JESSE OWENS PARK

9651 S. WESTERN AVE.

LOS ANGELES, CA 90047

BREAKFAST & LUNCH WILL BE PROVIDED!

SIGN UP HERE TO ATTEND OR FOR MORE INFO!



[TINYURL.COM/LACYOUTHSUMMITS](https://tinyurl.com/lacyouthsummits)

For more information, email:
NSarkodee-Adoo@ph.lacounty.gov
and HDenyer@ph.lacounty.gov





YOUTH MENTAL HEALTH SUMMIT DATES & LOCATIONS

Hosted by Los Angeles County Office of Violence Prevention

note: the following are recommendations - youth may register for whichever summit best fits their schedule or commute!



ANTELOPE VALLEY january 20, 2024 @sgt. steve owen park

- Angeles National Forest
- Antelope Valley
- Castaic
- Fairmont
- Lake Los Angeles
- Lancaster
- La Verne
- Littlerock
- Palmdale
- Porter Ranch
- Santa Clarita
- Soledad Canyon
- Quartz Hill
- Valyermo



SOUTH BAY january 27, 2024 @ken miller recreation center

- Artesia
- Bell Gardens
- Bellflower
- Cerritos
- Downey
- Harbor City
- Hawthorne
- Hawaiian Gardens
- Lakewood
- Lomita
- Long Beach
- Mar Vista
- Palms
- Palos Verdes
- Paramount
- Redondo
- San Pedro
- Torrance
- Whittier
- Wilmington
- Venice



EAST-SIDE/SAN GABRIEL february 24, 2024 @langely senior center

- Alhambra
- Azusa
- Baldwin Park
- Bell
- Claremont
- Commerce
- Covina/
West Covina
- Cudahy
- Eagle Rock
- East Hollywood
- Echo Park
- Elysian Valley
- El Monte
- Highland Park
- La Puente
- Maywood
- Montebello
- Monterey Park
- Pomona
- Rosemead
- Walnut
- Westlake
- Whittier



SOUTH LOS ANGELES april 13, 2024 @jesse owens park

- Baldwin Hills
- East Rancho Dominguez
- Compton
- Crenshaw
- Culver City
- Downtown
- Florence-Firestone
- Gardena
- Hancock Park
- Inglewood
- Koreatown
- Ladera Heights
- Lawndale
- Lynwood
- Norwalk
- South Gate
- Watts
- West Adams
- Westchester
- Westmont/
West Athens
- Willowbrook



WEST-SIDE/SAN FERNANDO april 27, 2024 @el cariso community park

- Atwater
- Agoura Hills
- Beverly Hills
- Brentwood
- Burbank
- Calabasas
- Canoga Park
- Century City
- Chatsworth
- Encino
- Fairfax
- Granada Hills
- Hollywood
- Malibu
- Northridge
- Pacoima
- Reseda
- San Fernando
- Santa Monica
- Sherman Oaks
- Studio City
- Sylmar
- Tarzana
- West Hollywood



REGISTRATION IS NOW OPEN!

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