

Hosted By COMPTON *Wellness* COLLECTIVE

SELAH GRIEF CONFERENCE

A Community Healing Gathering
for Collective Loss

Event Overview

The SELAH Grief Conference is an experience for individuals and families impacted by community violence and personal loss. Grounded in the SELAH Model of Grieving, this gathering invites participants to move through Pause, Reflect, and Meaning in community.

Together, we create space for attunement & ancestral honoring.

**SATURDAY - MAY 2, 2026
FROM 1PM - 4PM**

**DOUGLAS DOLLARHIDE
COMMUNITY CENTER
301 N. Tamarind, Compton, Ca 90220**

FEATURED HEALING ACTIVATIONS

Community Healing & Empowerment Circle
Storytelling & Creative Grief Expression

Trauma-Informed Grief Education Session
Spiritual & Ancestral Grounding Ritua

WHAT TO EXPECT

- Education on the SELAH Model of Grief
- Storytelling and guided reflection
- SELAH Grief Resources for continued healing
- Culturally rooted healing practices
- Community resource

CONNECT: @Compton_Wellness_Collective
ADA accommodations available upon request

WEBSITE: www.comptonwellnesscollective.com
EMAIL: comptonwellnesscollective@gmail.com

Healing is communal. You do not have to carry it alone.

Sponsored by



WELLNESS • RECOVERY • RESILIENCE

